



## PRINCIPAL'S MESSAGE

It is hard to imagine that our final month of school has arrived! This has been a fabulous year filled with wonderful learning for all students. Our faculty and staff would like to thank our entire school community for your continued support of our efforts. Your support truly makes a difference in our school!

We have so much to celebrate this school year. Our students have continued to strive for excellence and have reached new heights. The faculty and staff have worked hard to provide a high quality learning environment for our students. It is amazing to see the smiles on our kids' faces at the end of the day. It is most obvious that our teachers love what they do and share their love for learning with our students. Parents have supported us in so many ways. Volunteer days have been a huge success, and teachers truly appreciate all you do.

During the summer months, we hope that you and your families enjoy a summer filled with relaxing and enjoyable moments with your child. Remember to visit the library over the summer and have your child practice those good reading strategies. Having your child keep a summer journal of special days would be a great way to keep those writing skills developing. Practicing math facts appropriate for your child's grade level would also be a great boost for the next school year.

Lisa Perrin  
Principal

## MISSION

Allemands Elementary School is committed to providing high-quality educational opportunities to build the foundation for children to become enthusiastic life-long learners who are equitable, safe, empathetic, and respectful.

## VISION

All stakeholders of Allemands Elementary School embrace the education of every student as our top priority by providing a positive foundation for success. Our school prepares students to meet the challenges within the changing global society while preserving our historical culture. There is a profound commitment from stakeholders to help all students become college and career ready, creating life-long learners. Our school provides a safe and inclusive atmosphere created through respect for self, others, and our environment. Actively engaged students aspire to reach their full potential, reflecting the high expectations among our faculty, families, and community.

# UPCOMING EVENTS

May

Date	Activity
5/4	PTA Board Meeting @ 1:00 Zoom Meeting Link: <a href="https://us06web.zoom.us/j/93824317679?pwd=M3l0NDlCdXZaYTd3L3VXcGhvV2NUQT09">https://us06web.zoom.us/j/93824317679?pwd=M3l0NDlCdXZaYTd3L3VXcGhvV2NUQT09</a>
5/5	Community Morning Meeting @ 9:15
5-8-5/12	Student Appreciation Week
5/9	PTA General Meeting & Social @ 6:00pm
5/13	2023-24 Kindergarten Signing Day 9-12 @ PLC
5/15	Young Authors Celebration @ 9:15
5/18	End of Year Performance @ LPAC 6:00pm
5/19	Last day for PK students 2nd grade Send Off @2:00-3:15
5/22	1st grade Fun Day Early Release at 12:45
5/23	Kindergarten Fun Day Early Release at 12:45
5/24	Summer Shirt Day Early Release at 12:45 Last day for K-2 students



# We'll Stand **BAYOU** at AES!



## Teacher Appreciation Week

May 1-5 is staff and teacher appreciation week! Let's thank an AES teacher and staff member by writing a note, drawing a picture, bringing a flower or treat, or saying thank you.

Thank you to the PTA for planning many exciting events!

## Student Appreciation Week

Our PTA is working hard to prepare for student appreciation week. We will send home a flyer that explains the activities and dress down days for the week of May 8-12. The PTA is also planning for a special event the following week due to availability by the company.

## End of Year Performance

Dear Parents,

We would like to inform you that our End of the Year Concert will be held on May 18, 2023, at 6:00 p.m. at the LaFon Center. This will be a wonderful opportunity for our students to showcase their musical talents and celebrate the end of the school year. We will be sending a flyer home with more information soon.

We encourage all parents to attend and support their children. Please mark your calendars and make arrangements to arrive on time. We look forward to seeing you there!

Sincerely,

Wendy Solomo

# Newsletter Delivery



Don't  
Forget!

As part of our efforts to embrace technology, take care of our environment, and monitor spending, we will have an electronic newsletter delivery. Allemands Elementary will deliver the monthly school newsletters via email. Additionally, the school newsletter will be posted to the school's web page. If you would like a printed copy of the school newsletter, please notify Lakia Butler at [lbutler@stcharles.k12.la.us](mailto:lbutler@stcharles.k12.la.us) and a copy will be sent home each month with your child. Thank you.

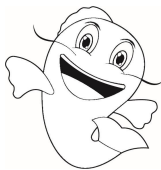
## Early Dismissal

When our school has an Early Dismissal schedule, it is imperative to talk to your child about what will be different for that day. If you need to have a child picked up from carpool instead of riding the bus, a note or email must be written and submitted to the office by 10:30. Emails must be sent to [aesbus@stcharles.k12.la.us](mailto:aesbus@stcharles.k12.la.us). Please call school if you have any questions about our Early Dismissal procedures. Our Early Dismissal days are on May 22nd, 23rd, and 24th.

## SIP Stakeholder Group

We are looking for parents, grandparents, and community members to work with us! Our School Improvement Team wants to hear your voice in regards to making improvements to our school. Each month we will hold a meeting with the group of stakeholders to talk about activities and initiatives. These meetings will be in-person and will last 30-45 minutes. We will hold these meetings on our Volunteer Days to accommodate stakeholders. Thank you for your feedback! If you are interested in being a part of this group, please contact Valerie Chiasson at [vchiasson@stcharles.k12.la.us](mailto:vchiasson@stcharles.k12.la.us).

## Ms. Norfleet's Class Cajun Dancing



We'll stand  
**BAYOU**





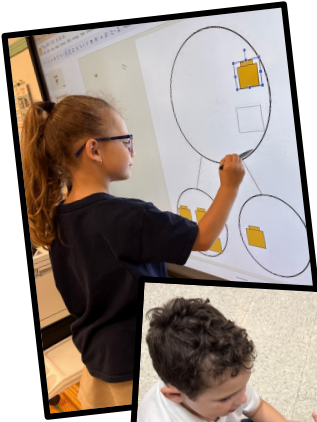
# OUR LEARNING



*pre-k*

We are finishing strong in Pre-K as we look forward to Kindergarten.

Students have been busy studying non-fiction texts about animals, practicing independent discussion skills, and using different quantification strategies. This month we will be visiting the Global Wildlife Center to see some of the animals we've been learning about. We are excited for summer and even more excited for Kindergarten!



*kindergarten*

In May, kindergarteners are learning to read and write decodable words with double consonant spellings and digraphs. We are reading stories with tricky and decodable words. We are learning about the four seasons and the weather. In math, we are working on place value and understanding teen numbers as a group of 10 ones and some more ones. We had a great time on our field trip at Grow Dat Youth Farm exploring bugs, birds, and plants! We are so excited to wrap up our wonderful year of kindergarten!







# OUR LEARNING



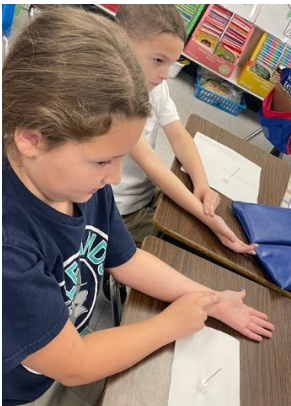
## first grade

In the month of May, our first graders are continuing to build their knowledge in all subjects. In Skills, we are learning to read and write words with tricky spellings. We started a new reader, *Grace*. This is a fiction, decodable reader. Have your child discuss the story read in class with you. You can help by asking about the story elements in the story read in class. In Knowledge, we have enjoyed learning about Fairy Tales and are now learning about A New Nation. To learn more, check out a book at your local library or do some more research on PebbleGo. Your student is learning how to add within 100 and to solve word problems within 20. Please continue to complete the nightly homework to support your child with the skills we are learning. Please continue to remind your child of the importance in showing CARES throughout our learning day! Let's finish the year strong!!

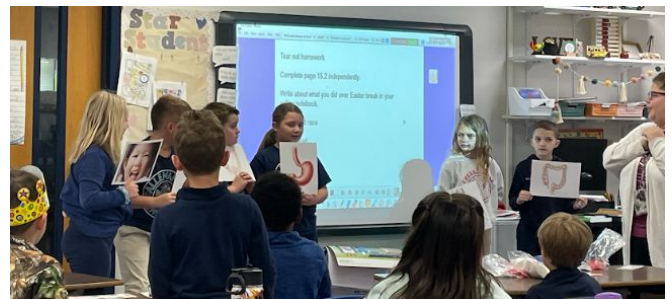
## second grade

It's Showtime!

We are approaching the end of our 2022-2023 school journey! As we come to the close of a great school year, second graders should be showing what they know about all that they have learned this year. Students are reading chapter books and should be retelling or summarizing each chapter. All reading strategies should be actively used when reading. When listening to your child read, be sure to have them self-monitor their reading. Students are writing various genres and will write nonfiction writings in response to a nonfiction text, *The War of 1812*, in CKLA Unit 6. Students have used standard and nonstandard tools to measure length. Our final math topics are geometry and telling time in five minute intervals. Please enjoy noticing various geometric shapes at home and telling time with an analog clock with your child. It's been a great year of teaching and learning. Remember to read and write daily over the summer break. Students are less likely to forget the essential second grade skills they've learned if they continue to have fun while practicing over the summer break. Thank you for your continued support in your child's success! Have a super summer of home learning!



Students checking their pulse with a marshmallow as a culminating activity for Domain 10 -The Human Body



Students sequencing the organs involved with digestion and discussing the digestive system

# ENRICHMENT

## Librarian's

## Letter

Mrs. Lacey is very proud of all students who participated in our reading program this school year! Over the summer, please visit the public library to participate in their summer reading program, and to participate in many engaging summer activities such as read alouds, family activities, crafts, and much more!

## COUNSELOR'S corner

15

### HEALTHY HABITS TO TEACH YOUR KIDS FOR A BETTER LIFE

- 1 KEEP A POSITIVE ENVIRONMENT 
- 2 ENCOURAGE YOUR KIDS 
- 3 LIMIT SCREEN TIME 
- 4 INTRODUCE READING HABIT IN YOUR KID FROM EARLY ON
- 5 EAT BREAKFAST IN THE MORNING 
- 6 ENCOURAGE OUTSIDE PLAY 
- 7 MAKE EATING COLORFUL 
- 8 PICK ENJOYABLE PHYSICAL HABITS
- 9 ENJOY A FAMILY DINNER
- 10 FOLLOW A GOOD ROUTINE
- 11 GIVE THEM HOUSEHOLD CHORES AND REWARD THEM 
- 12 MAINTAIN HYGIENE 
- 13 DRINK MORE WATER
- 14 MAINTAIN GOOD ORAL HYGIENE
- 15 MAKE FRIENDS 

TOTALLYMOMSENSE.COM

## French

Happy Spring! We will be learning some french spring vocabulary words and play virtual spring bingo. We will also be learning some Earth Day vocabulary. It's going to be a busy month.





**REGISTER NOW** 

**AES**

# Camp KINDERGARTEN

**FREE**  
FOR INCOMING  
ALLEMANDS ELEMENTARY  
KINDERGARTENERS

*Come and get ready for K*  
**AND PLAY**

Incoming 2023-2024 Allemands Elementary Kindergarteners can join kindergarten teachers for sessions of learning readiness skills, preparing for the new school year, and having a whole lot of fun!

## KINDERGARTEN READINESS SUMMER CAMP

**JUNE 12TH-15TH**

Math Focus Week

**JUNE 26TH-29TH**

English Language Arts  
Focus Week

PHONEMIC  
AWARENESS  
SKILLS

FINE MOTOR  
SKILLS  
&  
STORY TIME

Parent/Guardian Informational Session  
at 9:00 AM on **JUNE 30TH**

We encourage all children to attend both Math and ELA Focus Weeks;  
however, children are allowed to attend only one week if needed.

**SESSION 1- 9:00 AM-12:00 PM**

**SESSION 2- 1:00 PM-4:00 PM**

PARENT / GUARDIAN'S CHOICE OF SESSION 1 OR 2

COUNTING,  
SORTING, AND  
MORE MATH!

SOCIAL SKILLS,  
ART, MUSIC, & PLAY!

### REQUIREMENTS TO REGISTER:

Students must be fully registered for kindergarten at Allemands Elementary School for the 23-24 school year.

Parents are responsible for transportation to and from camp.

Scan the QR Code below to register.



**SCAN ME**

A CONFIRMATION PHONE CALL WILL BE MADE  
AFTER REGISTRATION IS RECEIVED & ADDITIONAL  
INFORMATION WILL BE EMAILED





# Allemands Elementary Family Center

## Together We Can Make a Difference

Valerie Chiasson

[vchiasson@stcharles.k12.la.us](mailto:vchiasson@stcharles.k12.la.us) 985-758-7427

Wednesdays, Thursdays, and Fridays



### Five Tips for Summer Learning

#### 1: Read Every Day

Take your kids to the library often and let them choose which books to check out. Listen to books on tape. Subscribe them to a magazine. Take turns reading to each other. Allow your kids to stay up a half hour later at night as long as they're reading.

#### 2: Use Math Every Day

Practice the multiplication tables by making each point in a basketball game worth 7 points (or 8 or 9). Ask your kids to make change at the drive-thru. Make up math word problems in the car and at the dinner table.

#### 3: Get Outside and Play

Find ways to ensure your child is active for 60 minutes each day. Have him or her walk the neighbor's dog, go swimming, play badminton or soccer, take walks, or go for family bike rides. Look for safe, fun ways to play outside together year-round.

#### 4: Write Every Week

Ask your child to write a weekly letter to his or her grandparents, relatives, or friends. Encourage him to keep a summer journal. Have her write the family's grocery list. Organize a secret pal writing project for adults and kids at your church or in your community.

#### 5: Do a Good Deed

Encourage your child to help out neighbors or friends. He or she can volunteer with a local group or complete a service learning project. Suggest that your child set aside part of his allowance for charity.



# Allemands Elementary Family Center

## Together We Can Make a Difference

Valerie Chiasson hablo español

[vchiasson@stcharles.k12.la.us](mailto:vchiasson@stcharles.k12.la.us) 985-758-7427

miércoles, jueves, y viernes



**Este verano: Utilice la diversión para desarrollar conocimientos previos**

### **Paso 1: Hagan una excursión o día de campo**

Vayan al parque, el zoológico, el acuario, un evento deportivo, un monumento histórico o un museo para niños. ¿Por qué no visitar un parque, bosque, u otra atracción natural en su comunidad? Cuando estén viendo la televisión procure elegir temas sobre volcanes, selvas, o animales. También puede utilizar el Internet para "pasear" por un lugar remoto.

### **Paso 2: Hablen sobre ello**

Hablen sobre las plantas y animales que vea, o sobre las reglas de un deporte, la historia de su pueblo, o algo nuevo que hayan aprendido. Haga preguntas abiertas para impulsar a sus hijos a hablar, como: "Si pudieras ser uno de esos animales que vimos hoy, ¿cuál te gustaría ser?" O "¿Por qué crees que esas piedras tienen esa forma?"

### **Paso 3: Compléméntelo con un libro**

Descubra que temas le interesan a su hijo y vayan a la biblioteca para obtener más información. Obtenga libros sobre mariposas, o jugadores de béisbol, o lo que sea que captó la atención de su hijo. Al paso que aprenden, anímelos con comentarios como: "Que interesante que fue ver el interior de una computadora cuando fuimos al museo hoy. ¿Por qué no aprendemos más sobre el tema?"

Hasta podría pedirle a sus hijos que hagan su propio librito sobre la actividad que desarrollaron, pueden incluir fotos o ilustraciones y sus propios comentarios. Esta es una excelente forma de practicar la escritura, y a la vez crear un libro de recuerdos del verano.

Hola  
VERANO

# Celebrating our Easter Parade

Thank you to all of the students who participated in our Easter Parade.



Don't forget to eat lunch with a child, the following must be in place.

- The parent must have the one or two guests on the emergency card.
- Parents must sign up the guest(s) on Sign-Up Genius.
- The guest(s) must sign-in with an ID at the office.
- The guest(s) and child will sit at the picnic tables outside.
- The guest(s) will leave when the child's lunchtime is finished.
- Reservations are made by grade level, not classes this semester.

# PTA News



**Scan QR Code for:**  
PTA Membership,  
Spirit Shirts, Magnets and all  
other PTA related signups.

Our Spring Fundraiser runs March 8 - 22! Please help us reach our goal of raising \$8000 by participating as you can!

## CHECK OUT OUR AWESOME PRIZES!

All participants will earn a  
**DRESS DOWN DAY!**

**+++PLUS+++**

*Sell \$120 - Recess with Administrators*

*Sell \$300 - Silly String Administrator(s)*

**TOP TWO SELLERS:**

Principal/Assistant Principal for the Day

PTA Nominations for the 2023/2024 school year will be accepted in the upcoming months! Please consider joining us next year! For more information, email us at [allemandspta@gmail.com](mailto:allemandspta@gmail.com)

## Catfish Character Traits

Our School Improvement Team has designated a character trait each month to teach the Essential 11 Traits each week. In addition, the PTA will support our school by sending home a family activity to practice this trait. In May, we will focus on **Teamwork**. Our teachers will read a grade-specific book and review the trait during the month. Please help us to reinforce these character traits at home and in the community.

**5/1-Good Sportsmanship**

If someone in the class wins a game or does something well, we will congratulate that person.

**5/8-Accept Mistakes**

Accept that you are going to make mistakes. Learn from them and move on.

**5/15-Friendship**

Song: "All My Friends..."

Friendship Soup

Let us know if your child shows this character trait at home or the community by returning the information below. We will read it during the announcements to celebrate your child!

Student Name: \_\_\_\_\_

What did he/she do to show **teamwork** in your home or the community?

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Beginning with the 2023-2024 school year (fall 2023), the Louisiana Department of Health (LDH) will be observing the existing school entry requirement that students be vaccinated with at

least two doses of Hepatitis A vaccine before entering kindergarten, or any grade thereafter.

In preparing for this update in the 2023-2024 school year, reach out to your child's medical provider or contact your school nurse to clarify if the Hepatitis A vaccination is needed. If a student has an updated exemption on file, parents/guardians are not required to provide such immunization/record for school entry/attendance.

St. Charles Parish Public Schools will be collaborating with Access Health to provide on-site immunizations the week of May 1-4, 2023. Parents/guardians may complete an Immunization Consent and return to the School Nurse no later than Thursday, April 6, 2023 if you would like your child to receive required immunizations. See the link or QR code below to access the Immunization consent for Access Health.

You may contact your School Nurse for any questions or concerns.

St Charles Immunization Form in Spanish Link: <https://app.hellosign.com/s/KjQYnrSt>

St Charles Immunization Form in English Link: <https://app.hellosign.com/s/H1qedRTY>

Melissa Schexnaydre, R.N.

School Nurse

R.J. Vial Elementary

Allemands Elementary

## End of Year Information & Reminders

1. If you have a child with medication checked in at school, you will need to come to school to sign out and pick up that medication. Please do so during the last week of school.
2. If your child will need medication at school next school year, please obtain a medication packet from the office. These forms are to be filled out by you and your child's doctor on or after July 1<sup>st</sup>, 2022. You must bring in the new orders with the medication appropriately labeled by the pharmacist at the beginning of school in August.
3. If your child has any changes in his/her medical history over the summer, please remember to update the school nurse at the start of the new school year and provide proper medical documentation if necessary. Medical issues that the school should be aware of include asthma and the use of an inhaler, diabetes, severe allergic reactions that require Benadryl and/or Epipen, seizure disorder, heart conditions, special diets, and any other type of medical diagnosis or special needs. We highly recommend communication with the school and school nurse for the safety and health of your child.
4. Please check to make sure your child is up-to-date on all required vaccines/immunizations. Immunizations are required at ages 4, 11, and 16 years. If necessary, have your child obtain the required shots over the summer break to avoid the possibility of exclusion in the fall.

Have a happy, safe, and productive summer!

Melissa Schexnaydre, RN

School Nurse

RJ Vial Elementary

Allemands Elementary



# Say *Yes!* to ESS

## **NOW HIRING SUBSTITUTE TEACHERS, SUBSTITUTE PARAPROFESSIONALS & SUBSTITUTE CLERICAL STAFF FOR ST. CHARLES PARISH PUBLIC SCHOOLS!**

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(EOE)



# Google Classroom

*on your Smartphone!*



Download the Google Classroom App from the App Store on any Smart Device.

Sign in using your child's SCPPS username and password (canc214@stcharles.k12.la.us)



Click your child's teacher's classroom page.

Find learning resources, homework, pictures from class activities, & more!



# How to Avoid the Summer Slide in Literacy?

According to Brain Balance Center, Learning Lift Off, Children's Literacy Initiative

## Read, Read, Read

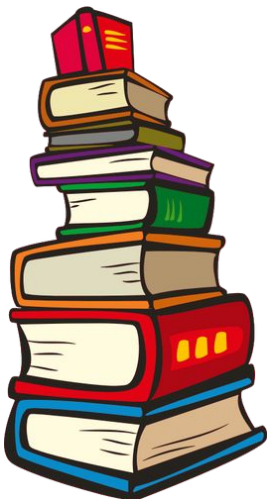
## Set Goals

## Visit the Library

While loss of reading skills continues to be a problem, **studies** show some positive gains. Interestingly, some children maintain or even improve their skills over the summer, perhaps as a result of their parents' **encouragement to read**. Considering the good news, it's important to keep up the good work in supporting your child's reading habits. Make reading a part of daily life—whether reading a recipe together as you bake cookies; reading aloud signs during a neighborhood walk; tucking in for the night with a **bedtime story**; and if you haven't already done so, falling in love with your local library, visiting it often.

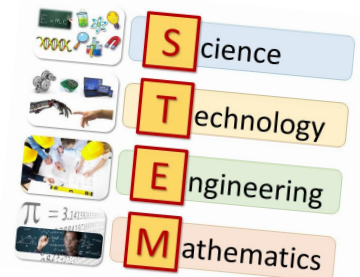
Read aloud to your child. Struggling readers, even older ones, will improve listening comprehension skills and fluency by listening to you read aloud. Additionally, you can read books to your child that are above his or her current reading level which will help increase your child's vocabulary and tempo, both of which will support your child's independent reading skills and help prevent the summer slide.

Practice makes perfect, and reading is no exception! Show your children that reading is a priority, and they will treat it that way too. Enjoy snuggling up with your child and sharing a book—these moments will help establish a love of reading and a closer bond with your family.



### Why is it so important to prevent the Summer Slide?

When children don't read over the summer, they can fall 2 years behind by 5th grade. It's always important to support your child's learning at home, and over the summer this is critical.



## Summer STEAM

Have some fun learning, playing, and growing over the summer with these fun summer STEAM activities!

<https://www.steampoweredfamily.com/summer-stem-activities/>



# Elementary Menus



**ST. CHARLES PARISH  
PUBLIC SCHOOLS**

This institution is an equal opportunity provider.  
Menus are subject to change.

**Happy  
Mother's Day  
Sunday,  
May 14**

# SCHOOL LUNCH HERO DAY

**FRIDAY, MAY 5**

Help us express our appreciation for these valuable employees who are committed to caring for our students!

**Monday, May 1**

## Breakfast

Pancake/Sausage on Stick  
Cereal w/Graham Crackers  
Yogurt w/Gripz  
Fruit or Juice Choice

## Lunch

Red Beans w/Ham  
Steamed Rice  
Seasoned Mustard Greens  
Steamed Carrots  
Cornbread Poppers  
Applesauce

**Tuesday, May 2**

## Breakfast

Chicken Biscuit  
Cereal w/Graham Crackers  
Yogurt w/Gripz  
Fruit or Juice Choice

## Lunch

Manager's Choice

**Wednesday, May 3**

## Breakfast

St. Charley Cinnamon Roll  
Cereal w/Graham Crackers  
Yogurt w/Gripz  
Fruit or Juice Choice

## Lunch

Chicken & Sausage  
Jambalaya  
Broccoli Florets  
Garden Salad  
Graham Bear, Banana

**Thursday, May 4**

## Breakfast

Sausage Biscuit  
Cereal w/Graham Crackers  
Yogurt w/Gripz  
Fruit or Juice Choice

## Lunch

Baked Chicken  
Loaded Mashed Potatoes  
Cal Blend Veggies  
WW Roll  
Pineapple Tidbits

**Friday, May 5**

## Breakfast

French Toast Sticks  
Cereal w/Graham Crackers  
Yogurt w/Gripz  
Fruit or Juice Choice

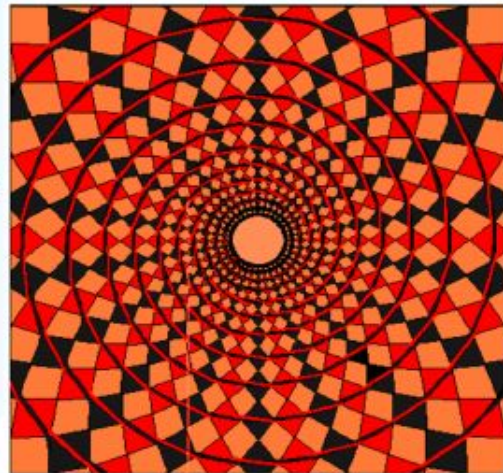


## Lunch

Tacos w/Cheese  
Corn, Refried Beans  
Taco Salad Cup, Salsa  
Peaches

## Only an Illusion

This image might look like a spiral, but it's not — it's a series of circles. The background makes it APPEAR to be a spiral. Try tracing one of the lines if you're not convinced. You won't move inward or outward — you'll just go around in a circle.



## GET DOWN WITH THE BROWN.

Whole grain foods (which are usually brown) are better for you than the white stuff. So when you can, try to choose whole wheat pasta and bread, whole grain cereal, and brown rice.



**EAT BETTER. PLAY HARDER. LIVE HEALTHIER. LEARN EASIER.  
WELLNESS IS A WAY OF LIFE!**

*Available Daily*

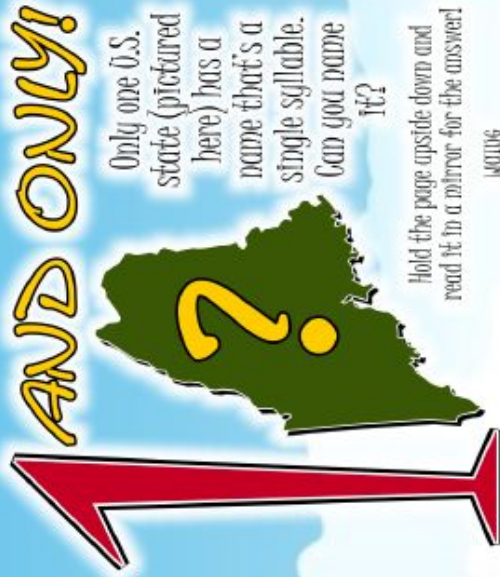
**With all meals:**

**Low Fat White Milk  
Fat Free Flavored Milk**

**At Lunch:**

**Sandwich Choice**





Only one U.S. state (pictured here) has a name that's a single syllable. Can you name it?

Hold the page upside down and read it to a mirror for the answer!

140106

What's on  
**YOUR**  
plate?



**Q:** How much sugar do you eat?

**A:** If you eat like most Americans, you consume over 20 teaspoons of added sugar every single day, or 115 pounds a year. That's just what we get from processed food and drinks, without ever actually dipping a spoon in the sugar bowl. Current guidelines recommend no more than 6-9 teaspoons of added sugar a day. Want the same sweetness without the side effects? Get your sugar the natural way — from fresh fruit.



Monday, May 8

**Breakfast**

Pancakes  
Cereal w/Graham Crackers  
Yogurt w/Gripz  
Fruit or Juice Choice

**Lunch**

Pork Chop  
Macaroni & Cheese  
Steamed Broccoli Florets  
Carrots  
Mixed Fruit

Tuesday, May 9

**Breakfast**

Chicken Biscuit  
Cereal w/Graham Crackers  
Yogurt w/Gripz  
Fruit or Juice Choice

**Lunch**

Orange Chicken  
Fried Rice  
Stir Fry Veggies  
Asian Chopped Salad  
Fruit

Wednesday, May 10

**Breakfast**

St Charley Cinnamon Roll  
Cereal w/Graham Crackers  
Yogurt w/Gripz  
Fruit or Juice Choice

**Lunch**

Baked Potato Soup  
Garden Salad  
Flatbread  
Banana

Thursday, May 11

**Breakfast**

Sausage Biscuit  
Cereal w/Graham Crackers  
Yogurt w/Gripz  
Fruit or Juice Choice

**Lunch**

BBQ Chicken  
Baked Beans  
Potato Salad  
WW Roll  
Pear Half

Friday, May 12

**Breakfast**

Waffle  
Cereal w/Graham Crackers  
Yogurt w/Gripz  
Fruit or Juice Choice

**Lunch**

Hamburger/Cheeseburger  
Crinkle Cut Fries  
Lettuce/Tomato/Pickle  
Orange Wedges  
Cookie

Monday, May 15

**Breakfast**

Pop Tarts or Cereal Bars  
Cereal w/Graham Crackers  
Yogurt w/Gripz  
Fruit or Juice Choice

**Lunch**

Salisbury Steak  
Mashed Potatoes  
Steamed Broccoli Florets  
Dinner Roll  
Applesauce

Tuesday, May 16

**Breakfast**

Chicken Biscuit  
Cereal w/Graham Crackers  
Yogurt w/Gripz  
Fruit or Juice Choice

**Lunch**

3 Bean Chili w/Cheese  
Flatbread  
Steamed Corn  
Salsa  
Apple Wedges

Wednesday, May 17

**Breakfast**

St Charley Cinnamon Roll  
Cereal w/Graham Crackers  
Yogurt w/Gripz  
Fruit or Juice Choice

**Lunch**

Pork Stew  
Steamed Rice  
Carrot Souffle  
Steamed Cabbage  
Banana

Thursday, May 18

**Breakfast**

Sausage Biscuit  
Cereal w/Graham Crackers  
Yogurt w/Gripz  
Fruit or Juice Choice

**Lunch**

Spaghetti & Meatsauce  
*Or Lasagna Rollup*  
Peas  
Italian Salad  
Garlic Bread  
Pineapples

Friday, May 19

**Breakfast**

Donut  
Cereal w/Graham Crackers  
Yogurt w/Gripz  
Fruit or Juice Choice

**Lunch**

Breaded Chicken Sandwich  
Crinkle Cut Fries  
Baked Beans  
Fresh Orange Wedges

Monday, May 22

**Breakfast**

Manager's Choice  
Cereal w/Graham Crackers  
Yogurt w/Gripz  
Fruit or Juice Choice

**Lunch**

Chicken Waffle Bites  
Potato Coins  
Broccoli Florets  
Pear Halves

Tuesday, May 23

**Breakfast**

Manager's Choice  
Cereal w/Graham Crackers  
Yogurt w/Gripz  
Fruit or Juice Choice

**Lunch**

Fresh Hot Pizza  
Marinara Sauce  
Green Beans or Salad  
Fruit

Wednesday, May 24

**Breakfast**

Manager's Choice  
Cereal w/Graham Crackers  
Yogurt w/Gripz  
Fruit or Juice Choice

**Lunch**

Bosco Sticks  
Marinara Sauce Cup  
Green Beans  
Cranberries

Have a  
**GREAT SUMMER!**

Thanks for eating with us this year.  
We look forward to seeing you  
when school starts up again!

Learn more at [www.CHOOSEMYPLATE.gov](http://kidshealth.org/kid/stay_healthy/food/pyramid.html) or [http://kidshealth.org/kid/stay\\_healthy/food/pyramid.html](http://kidshealth.org/kid/stay_healthy/food/pyramid.html)